

SAFE ABORTION with Mifepristone and Misoprostol

For pregnancy up to 11 weeks

(The FDA has approved this protocol in the USA. The WHO protocol is to 12 weeks)

1 DAY 1 Mifepristone

- 1) 1 pill of Mifepristone (200 mg) should be **SWALLOWED** with a glass of water.
- 2) Normal eating and drinking for the rest of the day is allowed, but drugs and alcohol should be avoided.



WAIT 24 HOURS!

Most people do not experience any symptoms during this time but some may feel nausea, cramping or bleeding.

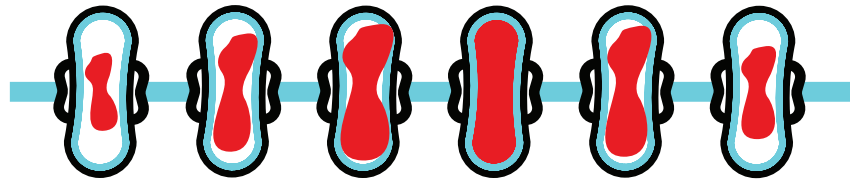
2 DAY 2 Misoprostol

There should be someone close by throughout this day in case help is needed.

- 1) At the same time of day that yesterday's pill was swallowed, 4 pills of MISOPROSTOL (800 mcg in total) should be placed **BETWEEN THE GUMS AND CHEEKS**, with 2 on each side.
- 2) The pills should be kept in place for 30 minutes while they dissolve. No food or liquids should be consumed during this time.
- 3) After 30 minutes whatever remains of the pills can be swallowed. *Note: If more than 9 weeks pregnant, it is recommended to take an additional four (4) misoprostol, three (3) hours after the first dose (99% effective).*



More information at AbortionPillInfo.org



What does it feel like when the abortion begins?

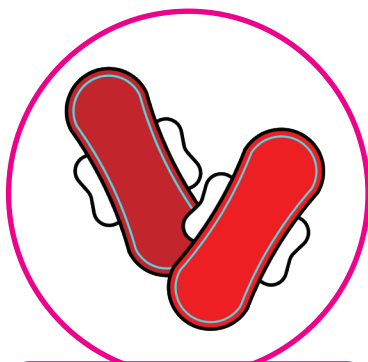
- It's normal to feel heavy cramping and bleeding for several hours.
- Most of the bleeding will stop by the next day, but there may be some light bleeding for up to 2 or 3 weeks.
- Ibuprofen can be taken to help with cramping as well as Paracetamol.

What are common side effects from the pills?

After taking the four pills of Misoprostol you may experience any of the following for several hours:

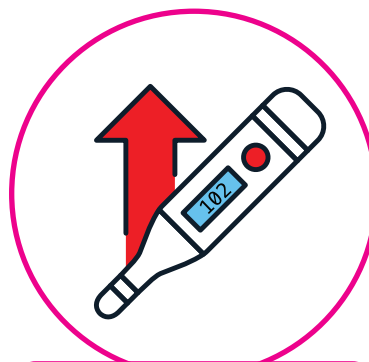
Nausea ● Mild Fever ● Chills ● Headache ● Diarrhea

WHEN TO GO TO THE HOSPITAL



HEAVY BLOOD LOSS

More than 2 maxi pads per hour for more than 2 hours



HIGH FEVER

100° F for more than 24 hours or higher than 102° F



SEVERE PAIN

For more than a few hours

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