SASS Self-managed Abortion; Safe and Supported

SASS is a project of Women Help Women (WHW),

an international non-profit activist organization working to expand knowledge and resources to support access to self-managed abortion. WHW expands access to abortion is changing the discourse around abortion and the culture of abortion provision.

WHW runs a telehealth service available that is both an information resource and a service delivery model. WHW responds to over 120,000 emails a year and provides abortion pills in over 50 countries. WHW's counselors are based on four continents and offer email counseling and support in six languages 365 days a year, to people around the world who are using abortion pills. WHW also partners with over 40 organizations in 25 countries to expand abortion access and build local capacity to provide safe abortion care, regardless of the legal context.



Safe. Private. Informed.



Learn about self-managed abortion

In 2017, WHW launched the SASS project (Selfmanaged Abortion; Safe and Supported) in the USA. SASS provides one-on-one support and information to those in the US who choose to use abortion pills outside of the healthcare system, through secure, online communications with trained English- and Spanish-speaking counselors. The SASS webpage, abortionpillinfo.org, includes misoprostol-only and mifepristone/misoprostol protocols as well as information about how to determine length of pregnancy, what to expect when using abortion pills, aftercare information, when to seek medical

attention and what to say to minimize legal risk. Abortionpillinfo.org also gives information about clinics, funding and practical support options for those seeking a clinic-based abortion.

SASS provides information and support around self-managed abortion, to reduce the use of unsafe abortion methods and to ensure that self-managed abortions are medically and legally as safe as possible. SASS coordinates its activities with a broad network of allies in the U.S. to build the movement to demedicalize, decriminalize and destigmatize abortion with pills.

